

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Van Den Broeck Dennis

Coaches: Van Den Broeck Michaël

Coaches: Raes Tina HEADCOACH

Coaches: Van den Brande Liesbeth

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 14:00
Heat: 3/30 Lane : 3 Athlete: LAUWENS FINN			Q-time: 00:42:71
PB (25m pool): 00:42.71 Liedekerke 01/05/2025			PB (50m pool): 00:41.84 SB: 00:43.71 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:42.71	
		00:42.71	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:12, starttime: 14:10
Heat: 12/30 Lane : 5 Athlete: VAN DEN BROECK TIEBE			Q-time: 00:33:77
PB (25m pool): 00:33.77 Liège 21/07/2025			PB (50m pool): 00:35.09 SB: no time
	2 5 M	5 0 M	
PB		00:33.77	
		00:33.77	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:16, starttime: 14:15
Heat: 16/30 Lane : 1 Athlete: VAN LOON BAS			Q-time: 00:31:39
PB (25m pool): 00:31.39 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:31.38 SB: no time
	2 5 M	5 0 M	
PB		00:31.39	
		00:31.39	
			

Coach feedback:

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Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 14:35
Heat: 7/35 Lane : 2 Athlete: SEGHERS MILLA			Q-time: 00:51:01
PB (25m pool): 00:51.01 Wildersportcomplex 16/03/2025			PB (50m pool): 00:45.75 SB: no time
	2 5 M	5 0 M	
PB		00:51.01	
	00:51.01		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:24, starttime: 14:55
Heat: 24/35 Lane : 3 Athlete: VERSPECHT KAAT			Q-time: 00:39:98
PB (25m pool): 00:39.98 Meise 22/06/2025			PB (50m pool): 00:42.57 SB: 00:40.59 Kapelle-op-den-Bos 21/09/2025
	2 5 M	5 0 M	
PB		00:39.98	
	00:39.98		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:31, starttime: 15:00
Heat: 31/35 Lane : 5 Athlete: CLERBOUT FILLO			Q-time: 00:37:08
PB (25m pool): 00:36.99 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 00:37.99 SB: 00:37.89 Kapelle-op-den-Bos 21/09/2025
	2 5 M	5 0 M	
PB		00:36.99	
	00:36.99		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:35, starttime: 15:05
Heat: 35/35 Lane : 5 Athlete: VAN DEN EEDE OLIVIA			Q-time: 00:35:23
PB (25m pool): 00:35.23 Gent 23/02/2025			PB (50m pool): 00:36.71 SB: no time
	2 5 M	5 0 M	
PB		00:35.23	
	00:35.23		
			

Coach feedback:

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Event number: 23: 50M BACKSTROKE MEN 11+			Heat:11, starttime: 15:35
Heat: 11/29 Lane : 4 Athlete: VAN DEN BRANDE LUCAS			Q-time: 00:37:46
PB (25m pool): 00:37.46 Meise 14/09/2025			PB (50m pool): 00:37.38 SB: 00:37.46 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:37.46	
		00:37.46	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:55
Heat: 1/30 Lane : 3 Athlete: REYNIERS FIEN			Q-time: 00:34:64
PB (25m pool): 00:34.64 Vilvoorde 18/05/2025			PB (50m pool): 00:34.46 SB: no time
	2 5 M	5 0 M	
PB		00:34.64	
		00:34.64	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 16:00
Heat: 5/30 Lane : 4 Athlete: VAN HOOMISSEN CHELSEA			Q-time: 00:33:00
PB (25m pool): 00:33.00 Meise 14/09/2025			PB (50m pool): 00:32.65 SB: 00:33.00 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:33.00	
		00:33.00	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:00
Heat: 6/30 Lane : 6 Athlete: VERSPECHT KAAT			Q-time: 00:32:93
PB (25m pool): 00:32.93 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:32.27 SB: 00:33.54 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:32.93	
		00:32.93	
			

Coach feedback:

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Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 16:05
Heat: 10/30 Lane : 1 Athlete: NUYTKENS MARIE			Q-time: 00:31:96
PB (25m pool): 00:31.96 Meise 14/09/2025			PB (50m pool): 00:31.71 SB: 00:31.96 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:31.96	
		00:31.96	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:12, starttime: 16:05
Heat: 12/30 Lane : 2 Athlete: JACOBS LAURIEN			Q-time: 00:31:31
PB (25m pool): 00:31.31 Kapelle-op-den-Bos 21/04/2025			PB (50m pool): 00:32.44 SB: 00:32.31 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:31.31	
		00:31.31	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:13, starttime: 16:05
Heat: 13/30 Lane : 4 Athlete: JACOBS ROXANNE			Q-time: 00:31:16
PB (25m pool): 00:31.16 Vilvoorde 18/05/2025			PB (50m pool): 00:31.42 SB: 00:31.62 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:31.16	
		00:31.16	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:24, starttime: 16:15
Heat: 24/30 Lane : 2 Athlete: GEENS AMÉLIE			Q-time: 00:29:00
PB (25m pool): 00:28.87 Aarschot 29/07/2024			PB (50m pool): 00:29.56 SB: 00:29.16 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:28.87	
		00:28.87	
			

Coach feedback:

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Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:26, starttime: 16:20
Heat: 26/30 Lane : 6 Athlete: CLERBOUT FILLO			Q-time: 00:28:58
PB (25m pool): 00:28.11 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:28.86 SB: 00:28.90 Leuven 12/10/2025			
	2 5 M	5 0 M	
PB		00:28.11	
		00:28.11	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:29, starttime: 16:20
Heat: 29/30 Lane : 4 Athlete: DALEMANS LYN			Q-time: 00:27:02
PB (25m pool): 00:26.76 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:27.13 SB: 00:27.19 Gent 09/11/2025			
	2 5 M	5 0 M	
PB		00:26.76	
		00:26.76	
			

Coach feedback: